



patient health history

This information will be kept confidential.

Patient Information

Last name _____ First name _____

Date of Birth ____/____/____

Sex female male

Date of last physical examination ____/____/____

What is your reason for today's visit? _____

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Emphysema/COPD | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Seizures/Epilepsy |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> GERD | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Sleep apnea |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Gout | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Substance abuse |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Headache | <input type="checkbox"/> Nerve or muscle disease | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Psychiatric | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Obesity | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Heart murmur | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> UTI |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Vision problems |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> STI (herpes, chlamydia, etc.) | |

Other significant illnesses not listed: _____

Surgeries/Hospitalizations: Please check if you had surgery or hospitalization for the following and indicate the year:

- | | | |
|--|---|---|
| <input type="checkbox"/> Appendix _____ | <input type="checkbox"/> Eye surgery _____ | <input type="checkbox"/> Joint surgery _____ |
| <input type="checkbox"/> Bariatric surgery _____ | <input type="checkbox"/> Fracture surgery _____ | <input type="checkbox"/> Kidney/bladder _____ |
| <input type="checkbox"/> Breast surgery _____ | <input type="checkbox"/> Heart surgery _____ | <input type="checkbox"/> Ovary/Prostate surgery _____ |
| <input type="checkbox"/> C-section _____ | <input type="checkbox"/> Hernia repair _____ | <input type="checkbox"/> Spine surgery _____ |
| <input type="checkbox"/> Cataract surgery _____ | <input type="checkbox"/> Gallbladder _____ | <input type="checkbox"/> Tonsils _____ |
| <input type="checkbox"/> Colon surgery _____ | <input type="checkbox"/> Hysterectomy _____ | <input type="checkbox"/> Tubal ligation _____ |

Please list any other significant surgeries or other hospitalizations for any reason: _____



Medical History: Please check if you have or have ever had any of the following: _____

Medications: Including supplements, OTC, etc., with dose and how taken.

Drug Name	Strength	Instructions
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Allergies:

Type of Allergy	Reaction
_____	_____
_____	_____
_____	_____
_____	_____

Health Maintenance: Please check and list date performed.

- | | | |
|--|---|---|
| <input type="checkbox"/> Tetanus _____ | <input type="checkbox"/> Pneumonia 13 _____ | <input type="checkbox"/> Pap _____ |
| <input type="checkbox"/> Tdap _____ | <input type="checkbox"/> Pneumonia 23 _____ | <input type="checkbox"/> Mammogram _____ |
| <input type="checkbox"/> Influenza vaccine _____ | <input type="checkbox"/> Eye exam _____ | <input type="checkbox"/> Bone density _____ |
| <input type="checkbox"/> Shingles vaccine _____ | <input type="checkbox"/> Cholesterol _____ | <input type="checkbox"/> Colonoscopy _____ |

Family History: List which family member has had any of the following.

Diagnosis	Relationship	Diagnosis	Relationship
Alcohol abuse	_____	Hearing loss	_____
Arthritis	_____	Heart disease	_____
Asthma	_____	High cholesterol	_____
Cancer	_____	Hypertension	_____
COPD	_____	Kidney disease	_____
Dementia	_____	Mental illness	_____
Depression	_____	Stroke	_____
Diabetes	_____	Vision loss	_____
Drug abuse	_____	Other	_____



Family History (cont'd): Please indicate the present health of your family members.

Relative	Alive	Dead	Age (for deceased)	Chronic Health Problems	Cause of Death
Father	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Mother	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Brother / Sister	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Brother / Sister	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Brother / Sister	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Brother / Sister	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____

Social and Personal History: Answering these confidential questions honestly will allow an accurate assessment of your health risks.

Current occupation _____ Education completed _____

Marital status: single married widowed divorced domestic partner

I currently live with _____

Tobacco use:

Do you currently use tobacco products? yes no

If yes, type and frequency:

cigarette cigar smokeless tobacco other #/day _____ years _____

Former smoker: yes no #/day _____ years _____ quit date ____/____/____

Alcohol use:

Do you drink alcohol? yes no

per week: _____ glasses of wine _____ cans of beer _____ shots of liquor

Drug use:

Do you currently use drugs? yes no Have you used drugs in the past? yes no

Type: _____ Use/week: _____

Sexually active:

Are you sexually active? yes no Partners: female male

Birth control/protection: _____

Exercise regularly:

Do you exercise? yes no What type? _____ Times/week _____

Use sunscreen:

Do you use sunscreen? yes no